New Problem Questionnaire

Last Name: ___________________________ First Name: ___________________________ Middle Initial: ___ Age: ______

Please circle the appropriate numbers.

1. Where is your main problem?

2. What is your main problem?
   1  Pain
   2  Numbness
   3  Weakness
   4  Stiffness
   5  Unstable or Dislocating Joint
   6  Swelling
   7  Other (explain): ___________________________

3. How did your problem start? (give details as needed)
   1  Job Injury
   2  Car Accident
   3  Sports Injury
   4  Suddenly
   5  Gradually
   6  Other (explain): ___________________________

4. How long have you had this problem, approximately? ___________________________
   (give # of days, weeks, months or years)

5. Is your problem:
   1  Improving
   2  Worsening
   3  Staying the Same

6. Does your pain or problem awaken you from sleep?
   1  Yes
   2  No

7. Is your pain or problem intermittent? 1 Yes 2 No
   Constant? 1 Yes 2 No

8. What worsens your problem? (give details as needed)
   1  Exercise
   2  Sitting
   3  Standing
   4  Walking
   5  Repetitive Motions
   6  Overhead Activities
   7  Coughing, Sneezing, Straining
   8  Rest
   9  Nothing
   10  Other: ___________________________

9. What helps your problem? (give details as needed)
   1  Rest
   2  Nothing
   3  Other (give details): ___________________________

10. Are your regular activities limited specifically because of your problem?
    1  No
    2  Yes (give details): ___________________________

11. Have you had this problem before now? 1 No 2 Yes When? __________ For how long? ______

12. Have you had previous medical treatment for this? (give details and general dates)
    1  None
    2  Yes
    3  Emergency Room
    4  Physician
    5  Injection
    6  Physical Therapy
    7  Surgery
    8  Other: ___________________________

13. What tests have you had?
    1  X-rays
    2  CT Scan
    3  MRI
    4  Nerve Test (EMG)
    5  Ultrasound
    6  Other: ___________________________

14. What medicines are you taking specifically for this problem? ___________________________

15. Are you on or planning to apply to any of the following programs because of your problem?
    A  Disability  1 Yes  2 No
    B  Worker’s Compensation  1 Yes  2 No

16. What is your occupation? ___________________________
17. What is your present work status?
   1. Not Working  Date last worked __________________________
   2. Light Duty   For how long? ____________________________
   3. Regular Job

18. If you are working, does your job require the following?
   1. Very Little Lifting (0-10#)  6. Frequent Squatting or Kneeling 11. Repetitive motions with your hands or arms
   2. Light Lifting (11-20#)  7. Climbing  12. Repetitive motions with your feet or legs
   4. Heavy Lifting (over 50#)  9. Continuous Standing
   5. Frequent Bending & Lifting  10. Sitting

19. Please mark the appropriate box showing how bad your pain or problem is now.

   No Problem  10  20  30  40  50  60  70  80  90  Worst Problem

20. Where is your pain or problem now?

   Mark the areas on your body where you feel the sensations described below, using the appropriate symbol. Mark the areas of radiation. Include all affected areas. To complete the picture, please draw in your face. Please place an X on the body form where the pain is worst now.

   Aching  Numbness  Pins & Needles  Burning  Stabbing
   △△△  = = =  ○○○  ⊳⊳⊳  ///

21. Please write in any other pertinent details about your problem: ____________________________________________

22. Are there any other acute problems or crises in your life now?
   1. No  2. Yes (explain) ____________________________

   X ____________________________  X ____________________________
   SIGNATURE OF PATIENT, PARENT OR GUARDIAN  DATE  DOCTOR’S INITIALS
## Patient Information

<table>
<thead>
<tr>
<th>Field</th>
<th>Value</th>
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</thead>
<tbody>
<tr>
<td>Last Name</td>
<td>First Name &amp; Initial</td>
</tr>
<tr>
<td>Patient SS#</td>
<td>Sex (Sex unknown)</td>
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<td>Occupation</td>
<td>Employment Status</td>
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<tr>
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<td>Sex Male / Female</td>
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<tr>
<td>Emergency Contact Info</td>
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<tr>
<td>Nearest Relative or Friend</td>
<td>Relationship</td>
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<tr>
<td>Living with You</td>
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<tr>
<td>Home Phone</td>
<td>Work Phone</td>
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<tr>
<td>Cell Phone</td>
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</table>
Authorization for Treatment - I hereby authorize the physician to conduct such examinations, perform such procedures as are medically required, and administer such treatment and medication as deemed necessary or advisable. I hereby certify that I have read and fully understand this Authorization form. I also certify that no guarantee or assurance has been made as to the results that may be obtained.

Release of Information/Medical Record Diagnosis - I hereby authorize the physician(s) providing services and any other authorized person to release to its authorized billing agents, any physician who treated me, my insurance carrier, employers workmen's compensation insurance company, or other category of third party payor, the Social Security Administration under Title XVIII (18) of the Social Security Act, the Professional Review Organization, or other intermediaries responsible for payment of my charges, a complete report of services rendered including diagnosis, findings, and details of treatment and progress for the purpose of receiving payment for the services rendered. I understand that I may revoke this consent at any time by giving written notice. I understand that if I refuse to consent to the release of information. I will be held personally responsible for payment of all charges for services rendered.

Authorization for Assignment of Benefits / Financial Obligation - In consideration of medical services provided, I hereby assign and transfer to the physician all of my rights, title and interest to medical reimbursement, including, but not limited to, the right to designate a beneficiary, add dependent eligibility and to have an individual policy continued or issued in accordance with the terms and benefits under any insurance policy, subscription certificate or other health benefit indemnification agreement otherwise payable to me for those services rendered by my physician including Medicare Part B. I understand that I will be fully responsible for payment of any and all charges not covered by medical insurance. I understand that if I do not pay the balance in full my account will be placed for collection and I will be responsible for all collection expenses including reasonable attorney's fees and court costs. It is our policy to charge a fee for any check that is returned due to Insufficient Funds.

Co-payments - I understand that if my medical insurance requires a co-pay or encounter fee the payment is due AT THE TIME OF SERVICE.

Patient Signature Date Responsible Party Signature Date
Witness Signature Date Relationship to Patient Date

I give consent and authorization to release my medical information to the following:

Name/ Relationship
Name/ Relationship
Name/ Relationship

I give consent and authorization to release my billing information to the following:

Name/ Relationship
Name/ Relationship
Name/ Relationship

(Section 2) AUTORIZATION TO REQUEST SERVICE OR TREATMENT OF A MINOR
I give my consent and authorization for persons I list below to have the right and privilege to request service and treatment for all minors listed on the other side of this form, should I not be present or available by telephone. This authorization is subject to revocation at any time and must be done in writing, except to the extent that action has already been taken in reliance on the consent.

Name Relationship
Name Relationship
Name Relationship

I understand I may revoke the privilege listed in (Section 1) and (Section 2) at any time by submitting my request in writing to this office.

Patient/Parent/Guardian Signature DATE

ADVANCED DIRECTIVE
Have you appointed a Health Care Representative? yes___ no___ Do you have a living will? yes___ no___
Have you given anyone your Power of Attorney? yes___ no___
Patient Medical History

Name: ___________________________ Date: ___________________________

Age: ___________________________ Date of Birth: ___________________________ Height: ___________________________ Weight: ___________________________

CHIEF COMPLAINT

Why are you seeing the doctor today? _____________________________________________________________________________________

Have you ever been treated for this problem before? ☐ Yes ☐ No

Date of Injury/Onset of problem _____________________________________________________________________________________

Current problem is a result of: Check all that apply: ☐ Car Accident ☐ Work Accident ☐ Other (specify) _____________________________________________________________________________________

MEDICAL HISTORY

Are you currently receiving treatment or have you received treatment in the past for any of the following conditions?

☐ Yes ☐ No

☐ Anemia ☐ Epilepsy ☐ Kidney Problems ☐ Pulmonary Embolism
☐ Arthritis ☐ Gallbladder Problems ☐ Liver Disease ☐ Rheumatic Fever
☐ Asthma ☐ Gout ☐ Lung Problems ☐ Sexually Transmitted Disease
☐ Birth Defects ☐ Heart Disease ☐ Phlebitis ☐ Other (specify) _____________________________________________________________________________________

☐ Bladder Problems ☐ Hepatitis ☐ MRSA / Staph Infection ☐ Stroke / TIA
☐ Bleeding or Bruising ☐ HIV / AIDS ☐ Osteoporosis ☐ Tuberculosis
☐ Cancer Type ☐ High Blood Pressure ☐ Peripheral Vascular Disease ☐ Ulcer Type
☐ Diabetes ☐ High Cholesterol ☐ Polio ☐ Psychological problems
☐ DVT / Blood Clots ☐ Intestinal/ Bowel Problems ☐ Other (specify) _____________________________________________________________________________________

Are there any other medical problems we should know about? _____________________________________________________________________________________

☐ Yes ☐ No

☐ Right ☐ Left

Are you right or left-hand dominant? _____________________________________________________________________________________

☐ Yes ☐ No

Are you or could you be pregnant? _____________________________________________________________________________________

☐ Yes ☐ No

Type and Frequency: _____________________________________________________________________________________

MEDICATIONS

Please list all medications you take with or without a prescription (use extra paper if needed)

<table>
<thead>
<tr>
<th>Medication Name</th>
<th>Dosage / # per day</th>
<th>Reason for taking</th>
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</table>

ALLERGIES

Please describe any current or past allergic reactions

<table>
<thead>
<tr>
<th>Allergy to (drug)</th>
<th>Reaction (itching, cough, hives, etc)</th>
<th>How was / is the reaction treated?</th>
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☐ I DO NOT have any allergies

SURGERIES AND HOSPITALIZATIONS

☐ Arthroscopy ________ Year ________ Physician ________ Complication? ________
☐ Joint replacement ________ Year ________ Physician ________ Complication? ________
☐ Bone or joint reconstruction ________ Year ________ Physician ________ Complication? ________
☐ Spine surgery ________ Year ________ Physician ________ Complication? ________
☐ Other general surgery ________ Year ________ Physician ________ Complication? ________
☐ Other hospitalizations ________ Year ________ Physician ________ Complication? ________
☐ I HAVE NOT HAD any surgeries or hospitalizations
### FAMILY HISTORY
Have your mother, father, grandparents, brothers or sisters been treated in the past or are they currently receiving treatment for any of the following conditions?

<table>
<thead>
<tr>
<th>Condition</th>
<th>Yes</th>
<th>No</th>
<th>Yes</th>
<th>No</th>
<th>Yes</th>
<th>No</th>
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<td>Sudden Death</td>
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<td>Other</td>
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</tbody>
</table>

### SOCIAL HISTORY
Do you smoke or chew tobacco?  
Yes  No  Number:  packs per day for  years
Do you drink alcoholic beverages?  
Yes  No  Amount and frequency:
Do you use recreational drugs?  
Yes  No  Type and frequency:

### REVIEW OF SYSTEMS
Please check the following symptoms you have experienced on a regular basis:

#### GENERAL
- Fever
- Weight change
- Hormonal problems
- Other
- None

#### CARDIOVASCULAR
- Chest pain
- Palpitations
- Fluid/ Swelling in extremities
- Other
- None

#### KIDNEY/ BLADDER
- Painful urination
- Frequent urination
- Incontinence
- Other
- None

#### EYES
- Glasses/ Contacts
- Cataracts
- Glaucoma

#### RESPIRATORY
- Shortness of breath
- Sleep apnea
- Wheezing
- Other
- None

#### EARS, NOSE, THROAT
- Difficulty swallowing
- Ear pain
- Seasonal allergies
- Hard of hearing
- Other
- None

#### GASTROINTESTINAL
- Heartburn
- Diarrhea/ Constipation
- Abdominal pain
- Nausea/ vomiting
- Other
- None

#### SKIN
- Rashes
- Lumps
- Abdominal pain
- Other
- None

#### HEMATOLOGIC/ LYMPHATIC
- Anemia
- Blood problems
- Clotting disorder
- Lymph Problems
- Other
- None

#### NEUROLOGICAL
- Headaches
- Numbness
- Tingling
- Seizures
- Weakness
- Other
- None

#### PSYCHOLOGICAL
- Anxiety
- Depression
- Mood swings
- Other
- None

---

**Pain Scale** - If you are having pain, please rate the intensity of your pain on a scale of 1 -10.

<table>
<thead>
<tr>
<th>1</th>
<th>2</th>
<th>3</th>
<th>4</th>
<th>5</th>
<th>6</th>
<th>7</th>
<th>8</th>
<th>9</th>
<th>10</th>
</tr>
</thead>
</table>

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**Patient Name:**  
**Date:**

**Patient Signature:**  
**Date:**

Page 2 of 2
Neck Pain Disability Index Questionnaire

Instructions: Please review the following questions and choose the one answer for each section that most accurately describes your current abilities or pain.

Section 1: Pain Intensity
- I have no pain at the moment
- The pain is very mild at the moment
- The pain is moderate at the moment
- The pain is fairly severe at the moment
- The pain is very severe at the moment
- The pain is the worst imaginable at the moment

Section 2: Personal Care (Washing, Dressing, etc.)
- I can look after myself normally without causing extra pain
- I can look after myself normally but it causes extra pain
- It is painful to look after myself and I am slow and careful
- I need some help but can manage most of my personal care
- I need help every day in most aspects of self care
- I do not get dressed, I wash with difficulty and stay in bed

Section 3: Lifting
- I can lift heavy weights without extra pain
- I can lift heavy weights but it gives extra pain
- Pain prevents me lifting heavy weights off the floor, but I can manage if they are conveniently placed, e.g. on a table
- Pain prevents me from lifting heavy weights but I can manage light to medium weights if they are conveniently positioned
- I can only lift very light weights
- I cannot lift or carry anything

Section 4: Reading
- I can read as much as I want to w/ no pain in my neck
- I can read as much as I want to w/ slight pain in my neck
- I can read as much as I want w/ moderate pain in my neck
- I can’t read as much as I want because of moderate pain in my neck
- I can hardly read at all because of severe pain in my neck
- I cannot read at all

Section 5: Concentration
- I can concentrate fully when I want to with no difficulty
- I can concentrate fully when I want to with slight difficulty
- I have a fair degree of difficulty in concentrating when I want to
- I have a lot of difficulty in concentrating when I want to
- I have a great deal of difficulty in concentrating when I want to
- I cannot concentrate at all

Section 6: Headaches
- I have no headaches at all
- I have slight headaches, which come infrequently
- I have moderate headaches, which come infrequently
- I have moderate headaches, which come frequently
- I have severe headaches, which come frequently
- I have headaches almost all the time

Section 7: Work
- I can do as much work as I want to
- I can only do my usual work, but no more
- I can do most of my usual work, but no more
- I cannot do my usual work
- I can hardly do any work at all
- I can’t do any work at all

Section 8: Driving
- I can drive my car without any neck pain
- I can drive my car as long as I want with slight pain in my neck
- I can drive my car as long as I want with moderate pain in my neck
- I can’t drive my car as long as I want because of moderate pain in my neck
- I can’t drive my car as long as I want because of severe pain in my neck
- I can’t drive my car at all

Section 9: Sleeping
- I have no trouble sleeping
- My sleep is slightly disturbed (less than 1 hr sleepless)
- My sleep is mildly disturbed (1-2 hrs sleepless)
- My sleep is moderately disturbed (2-3 hrs sleepless)
- My sleep is greatly disturbed (3-5 hrs sleepless)
- My sleep is completely disturbed (5-7 hrs sleepless)

Section 10: Recreation
- I am able to engage in all my recreation activities w/ no neck pain at all
- I am able to engage in all my recreation activities, w/ some pain in my neck
- I am able to engage in most, but not all of my usual recreation activities because of pain in my neck
- I am able to engage in a few of my usual recreation activities because of pain in my neck
- I can hardly do any recreation activities because of pain in my neck
- I can’t do any recreation activities at all

Patient Name (Print): ___________________________ Date of Birth: __________________
Signature: ___________________________ Date of Completion: __________________
Instructions: Please review the following questions and choose the one answer for each section that most accurately describes your current abilities or pain.

Section 1 – Pain Intensity
○ I have no pain at the moment
○ The pain is very mild at the moment.
○ The pain is moderate at the moment.
○ The pain is fairly severe at the moment.
○ The pain is very severe at the moment.
○ The pain is the worst imaginable at the moment

Section 2 – Personal care (Washing, dressing, etc.)
○ I can look after myself normally without causing extra pain.
○ I can look after myself normally but it is very painful.
○ It is painful to look after myself and I am slow and careful.
○ I need some help but manage most of my personal care.
○ I need help every day in most aspects of self-care.
○ I do not get dressed, wash w/ difficulty & stay in bed.

Section 3 – Lifting
○ I can lift heavy weights without extra pain.
○ I can lift heavy weights but it gives extra pain.
○ Pain prevents me from lifting heavy weights off the floor, but I can manage if they are conveniently positioned, e.g. on a table.
○ Pain prevents me from lifting heavy weights but I can manage light to medium weights if they are conveniently positioned.
○ I can lift only very light weights.
○ I cannot lift or carry anything at all.

Section 4 – Walking
○ Pain does not prevent my walking any distance.
○ Pain prevents me walking more than one mile.
○ Pain prevents me walking more than a quarter of a mile.
○ Pain prevents me walking more than 100 yards.
○ I can only walk using a stick or crutches.
○ I am in bed most of the time and have to crawl to the toilet.

Section 5 – Sitting
○ I can sit in any chair as long as I like.
○ I can sit in my favorite chair as long as I like.
○ Pain prevents me sitting more than 1 hour.
○ Pain prevents me from sitting more than half an hour.
○ Pain prevents me from sitting more than 10 minutes.
○ Pain prevents me from sitting at all.

Section 6 – Standing
○ I can stand as long as I want without extra pain.
○ I can stand as long as I want but it gives me extra pain.
○ Pain prevents me from standing for more than 1 hour.
○ Pain prevents me from standing for more than half an hour.
○ Pain prevents me from standing for more than 10 minutes.
○ Pain prevents me from standing at all.

Section 7 – Sleeping
○ My sleep is never disturbed by pain.
○ My sleep is occasionally disturbed by pain.
○ Because of pain I have less than 6 hours sleep.
○ Because of pain I have less than 4 hours sleep.
○ Because of pain I have less than 2 hours sleep.
○ Pain prevents me from sleeping at all.

Section 8 – Sex Life
○ My sex life is normal and causes no extra pain.
○ My sex life is normal but causes some extra pain.
○ My sex life is nearly normal but is very painful.
○ My sex life is severely restricted by pain.
○ My sex life is nearly absent because of pain.
○ Pain prevents any sex life at all.

Section 9 – Social Life
○ My social life is normal and gives me no extra pain.
○ My social life is normal but increases the degree of pain.
○ Pain has no significant effect on my social life apart from limiting my more energetic interests, e.g. sport etc.
○ Pain has restricted my social life and I do not go out as often.
○ Pain has restricted social life to my home.
○ I have no social life because of pain.

Section 10 – Traveling
○ I can travel anywhere without extra pain.
○ I can travel anywhere but it gives me extra pain.
○ Pain is bad but I manage journeys over two hours.
○ Pain restricts me to journeys of less than one hour.
○ Pain restricts me to short necessary journeys under 30 minutes.
○ Pain prevents travel except to receive treatment.

---

Patient Name (Print): __________________________ Date of Birth: __________________
Signature: __________________________ Date of Completion: ________________