



Jack Gelman
M.D., FAAPS
Hand, Wrist and Elbow

Dwight Tyndall,
M.D., FAAOS
Spine Care,
Minimally Invasive Spine Surgery,
Disc Regenerative Therapy

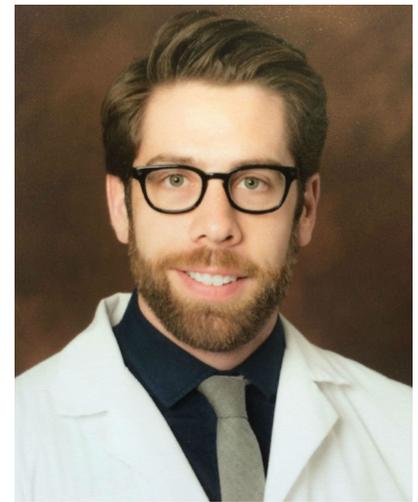
Sunil Dedhia
M.D., FAAOS
Sports Medicine, General
Orthopedics, Arthroscopic and
Minimally Invasive Surgery,
Upper/Lower Extremity,
Knee Replacement,
Work-Related Injuries/Conditions

Nitin Khanna
M.D., FAAOS
Spine Care,
Minimally Invasive Spine Surgery

Arshad A. Khan
DPM
Foot and Ankle Surgery

Robert W. Coats II
M.D., FAAOS
Hand and Upper
Extremity Conditions

Joseph D. Hecht
M.D., FAAOS
Hip and Knee Joint Replacement,
General Orthopedics



Craig Best D.O.

Practice Emphasis:
Sports and Spine Care, Pain Management

Orthopaedic Specialists of Northwest Indiana (OSNI) is excited to welcome a fellowship-trained physiatrist (physical medicine & rehabilitation specialist) into our practice to expand our non-operative spine and sports medicine services. We are confident he will quickly gain your trust and utmost respect. **Dr. Craig Best** joined OSNI on **July 18, 2016**. He specializes in the diagnosis and treatment of neuromusculoskeletal disorders with special training in non-surgical care of neck and back pain. He utilizes thorough history and physical examination, imaging, electrodiagnostic studies, and diagnostic injections to identify specific pain generators and provides comprehensive treatment plans that may consist of non-opioid medications, detailed physical/occupational therapy or exercise prescriptions, osteopathic manual medicine, or injections. Dr. Best's ultimate goal for his patients is to provide them with the tools to live a healthier and more functional life.

Dr. Best completed his Physical Medicine & Rehabilitation (Physiatry) residency at RUSH University Medical Center in Chicago. He subsequently completed a fellowship in Interventional Pain Medicine at Beth Israel Deaconess Medical Center, a Harvard Medical School teaching hospital. He is board certified in Physical Medicine & Rehabilitation and board eligible in the subspecialty of Pain Medicine.

New services

- ❖ Ultrasound guided diagnostic and therapeutic nerve blocks and joint injections
- ❖ Cervical, thoracic, and lumbar fluoroscopic guided spinal injections including epidural steroid injections, selective nerve root blocks, facet joint injections, medial branch blocks, and radiofrequency neurotomy
- ❖ Lumbar sympathetic blocks
- ❖ Spinal Cord Stimulator trials
- ❖ Genicular nerve blocks and radiofrequency neurotomy for persistent knee pain after total knee arthroplasty
- ❖ Prolotherapy injections
- ❖ Osteopathic Manual Medicine (OMM)
- ❖ Electromyography (EMG)/Nerve Conduction Studies (NCS)

We look forward to continuing to provide your patients with excellent care and are now pleased to offer comprehensive non-operative treatment options for your patients' spine and musculoskeletal pain conditions.

Sincerely,

Craig Best

OSNI- www.osni.org

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