

Name:
DOB:
Chart:
Age:
Date:



New Problem Questionnaire

Last Name: _____ First Name: _____ Middle Initial: _____ Age: _____

Please circle the appropriate numbers.

1. Where is your main problem? _____

2. What is your main problem?

- | | |
|-------------|---------------------------------|
| 1 Pain | 5 Unstable or Dislocating Joint |
| 2 Numbness | 6 Swelling |
| 3 Weakness | 7 Other (explain): _____ |
| 4 Stiffness | |

3. How did your problem start? (give details as needed)

- | | |
|-----------------|--------------------------|
| 1 Job Injury | 4 Suddenly |
| 2 Car Accident | 5 Gradually |
| 3 Sports Injury | 6 Other (explain): _____ |

4. How long have you had this problem, approximately? _____

(give # of days, weeks, months or years)

5. Is your problem:

- | | | |
|-------------|-------------|--------------------|
| 1 Improving | 2 Worsening | 3 Staying the Same |
|-------------|-------------|--------------------|

6. Does your pain or problem awaken you from sleep?

- | | |
|-------|------|
| 1 Yes | 2 No |
|-------|------|

7. Is your pain or problem intermittent?

- | | | | | |
|-------|------|------------------|-------|------|
| 1 Yes | 2 No | Constant? | 1 Yes | 2 No |
|-------|------|------------------|-------|------|

8. What worsens your problem? (give details as needed)

- | | | |
|------------|---------------------------------|-----------------|
| 1 Exercise | 5 Repetitive Motions | 9 Nothing |
| 2 Sitting | 6 Overhead Activities | 10 Other: _____ |
| 3 Standing | 7 Coughing, Sneezing, Straining | |
| 4 Walking | 8 Rest | |

9. What helps your problem? (give details as needed)

- | | | |
|--------|-----------|------------------------------|
| 1 Rest | 2 Nothing | 3 Other (give details) _____ |
|--------|-----------|------------------------------|

10. Are your regular activities limited specifically because of your problem?

- | | |
|------|-----------------------------|
| 1 No | 2 Yes (give details): _____ |
|------|-----------------------------|

11. Have you had this problem before now?

- | | | | |
|------|-------|-------------|---------------------|
| 1 No | 2 Yes | When? _____ | For how long? _____ |
|------|-------|-------------|---------------------|

12. Have you had previous medical treatment for this? (give details and general dates)

- | | |
|------------------------|--------------------------|
| 1 None | 5 Injection _____ |
| 2 Yes | 6 Physical Therapy _____ |
| 3 Emergency Room _____ | 7 Surgery _____ |
| 4 Physician _____ | 8 Other _____ |

13. What tests have you had?

- | | |
|-----------|--------------------|
| 1 X-rays | 4 Nerve Test (EMG) |
| 2 CT Scan | 5 Ultrasound |
| 3 MRI | 6 Other: _____ |

14. What medicines are you taking specifically for this problem? _____

15. Are you on or planning to apply to any of the following programs because of your problem?

- | | | | | | |
|--------------|-------|------|-------------------------|-------|------|
| A Disability | 1 Yes | 2 No | B Worker's Compensation | 1 Yes | 2 No |
|--------------|-------|------|-------------------------|-------|------|

16. What is your occupation? _____

Name:
DOB:
Chart:
Age:
Date:

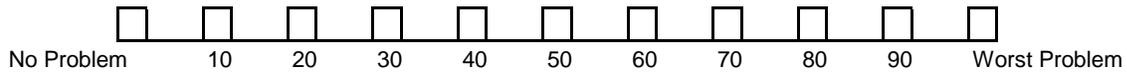
17. What is your present work status?

- 1 Not Working Date last worked _____
- 2 Light Duty For how long? _____
- 3 Regular Job

18. If you are working, does your job require the following?

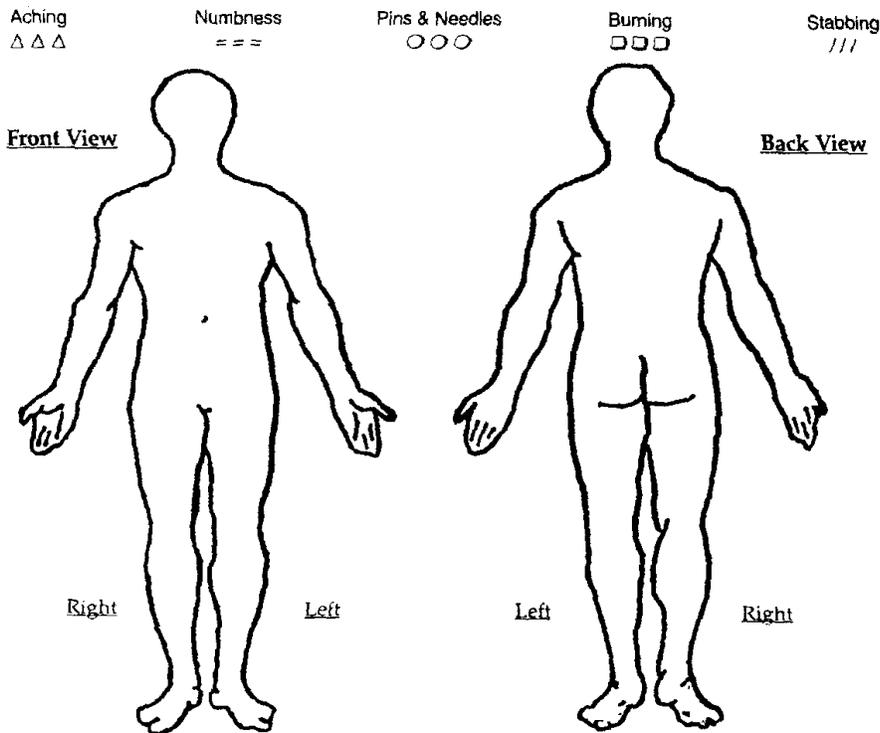
- 1 Very Little Lifting (0-10#) 6 Frequent Squatting or Kneeling 11 Repetitive motions with your hands or arms
- 2 Light Lifting (11-20#) 7 Climbing
- 3 Medium Lifting (21-50#) 8 Extended Walking 12 Repetitive motions with your feet or legs
- 4 Heavy Lifting (over 50#) 9 Continuous Standing
- 5 Frequent Bending & Lifting 10 Sitting

19. Please mark the appropriate box showing how bad your pain or problem is now.



20. Where is your pain or problem now?

Mark the areas on your body where you feel the sensations described below, using the appropriate symbol. Mark the areas of radiation. Include all affected areas. To complete the picture, please draw in your face. Please place an X on the body form where the pain is worst now.



21. Please write in any other pertinent details about your problem: _____

22. Are there any other acute problems or crises in your life now?

- 1 No 2 Yes (explain) _____

X _____ X _____
SIGNATURE OF PATIENT, PARENT OR GUARDIAN DATE DOCTOR'S INITIALS

Name:

DOB:

Chart:

Date:

Age:

PLEASE PRINT

TODAY'S DATE		PATIENT REGISTRATION				PT. ID:	
PATIENT INFORMATION							
LAST NAME		FIRST NAME & INITIAL					
PATIENT SS#		SEX	(Sex unknown)		DATE OF BIRTH		
LANGUAGE		MARITAL STATUS		RACE			
ADDRESS							
CITY				STATE	ZIP		
HOME PHONE		WORK PHONE	CELL PHONE		EMAIL ADDRESS		
EMPLOYER		EMPLOYER'S ADDRESS					
OCCUPATION				EMPLOYMENT STATUS	FULL TIME / PART TIME / RETIRED / STUDENT		
SPOUSE'S NAME							
WORK PHONE				SPOUSE'S CELL PHONE			
EMPLOYED	Y / N	EMPLOYER NAME					
RESPONSIBLE PARTY/GUARANTOR							
RESP PARTY LAST NAME		FIRST NAME & INITIAL			RELATIONSHIP		
ADDRESS							
CITY				STATE	ZIP		
SOCIAL SECURITY #				SEX	MALE / FEMALE		DATE OF BIRTH
RESP PARTY EMPLOYER				EMPLOYER PHONE		EXT.	
EMPLOYER ADDRESS							
HOME PHONE		WORK PHONE	CELL PHONE				
PRIMARY INSURANCE							
POLICYHOLDER LAST NAME		FIRST NAME & INITIAL			RELATIONSHIP		
ADDRESS							
POLICYHOLDER SS#				SEX	MALE / FEMALE		DATE OF BIRTH
EMPLOYER				EMPLOYER PHONE		EXT.	
EMPLOYER ADDRESS							
SECONDARY INSURANCE							
POLICYHOLDER LAST NAME		FIRST NAME & INITIAL			RELATIONSHIP		
ADDRESS							
POLICYHOLDER SS#				SEX	MALE / FEMALE		DATE OF BIRTH
EMPLOYER				EMPLOYER PHONE		EXT.	
EMPLOYER ADDRESS							
EMERGENCY CONTACT INFO							
NEAREST RELATIVE OR FRIEND NOT LIVING WITH YOU				RELATIONSHIP			
ADDRESS							
HOME PHONE		WORK PHONE	CELL PHONE				

Name:
 DOB:
 Chart:
 Age:
 Date:



Patient Medical History

Name: _____ Date: _____

Age: _____ Date of Birth: _____ Height: _____ Weight: _____

CHIEF COMPLAINT

Why are you seeing the doctor today? _____

Have you ever been treated for this problem before? Yes No

Date of Injury/ Onset of problem _____

Current problem is a result of: *Check all that apply:*

Car Accident Work Accident Other (specify) _____

MEDICAL HISTORY

Are you currently receiving treatment or have you received treatment in the past for any of the following conditions?

- | | | | |
|--|---|--|---|
| Yes No
<input type="checkbox"/> <input type="checkbox"/> Anemia
<input type="checkbox"/> <input type="checkbox"/> Arthritis
<input type="checkbox"/> <input type="checkbox"/> Asthma
<input type="checkbox"/> <input type="checkbox"/> Birth Defects
<input type="checkbox"/> <input type="checkbox"/> Bladder Problems
<input type="checkbox"/> <input type="checkbox"/> Bleeding or Bruising
<input type="checkbox"/> <input type="checkbox"/> Cancer Type _____
<input type="checkbox"/> <input type="checkbox"/> Diabetes
<input type="checkbox"/> <input type="checkbox"/> DVT / Blood Clots | Yes No
<input type="checkbox"/> <input type="checkbox"/> Epilepsy
<input type="checkbox"/> <input type="checkbox"/> Gallbladder Problems
<input type="checkbox"/> <input type="checkbox"/> Gout
<input type="checkbox"/> <input type="checkbox"/> Heart Disease
<input type="checkbox"/> <input type="checkbox"/> Hepatitis
<input type="checkbox"/> <input type="checkbox"/> HIV / AIDS
<input type="checkbox"/> <input type="checkbox"/> High Blood Pressure
<input type="checkbox"/> <input type="checkbox"/> High Cholesterol
<input type="checkbox"/> <input type="checkbox"/> Intestinal/ Bowel Problems | Yes No
<input type="checkbox"/> <input type="checkbox"/> Kidney Problems
<input type="checkbox"/> <input type="checkbox"/> Liver Disease
<input type="checkbox"/> <input type="checkbox"/> Lung Problems
<input type="checkbox"/> <input type="checkbox"/> Phlebitis
<input type="checkbox"/> <input type="checkbox"/> MRSA / Staph Infection
<input type="checkbox"/> <input type="checkbox"/> Osteoporosis
<input type="checkbox"/> <input type="checkbox"/> Peripheral Vascular Disease
<input type="checkbox"/> <input type="checkbox"/> Polio
<input type="checkbox"/> <input type="checkbox"/> Psychological problems | Yes No
<input type="checkbox"/> <input type="checkbox"/> Pulmonary Embolism
<input type="checkbox"/> <input type="checkbox"/> Rheumatic Fever
<input type="checkbox"/> <input type="checkbox"/> Sexually Transmitted Disease
<input type="checkbox"/> <input type="checkbox"/> Stroke / TIA
<input type="checkbox"/> <input type="checkbox"/> Tuberculosis
<input type="checkbox"/> <input type="checkbox"/> Thyroid Problems
<input type="checkbox"/> <input type="checkbox"/> Ulcer Type _____ |
|--|---|--|---|

Are there any other medical problems we should know about? _____

Are you right or left-hand dominant? Right Left
 Do you exercise or participate in sports regularly? Yes No
 Are you or could you be pregnant? Yes No
 Type and Frequency: _____

MEDICATIONS *Please list all medications you take with or without a prescription (use extra paper if needed)*

Medication Name	Dosage / # per day	Reason for taking

ALLERGIES *Please describe any current or past allergic reactions*

Allergy to (drug)	Reaction (itching, cough, hives, etc)	How was / is the reaction treated?

I DO NOT have any allergies

SURGERIES AND HOSPITALIZATIONS

- Arthroscopy _____ Year _____ Physician _____ Complication? _____
- Joint replacement _____ Year _____ Physician _____ Complication? _____
- Bone or joint reconstruction _____ Year _____ Physician _____ Complication? _____
- Spine surgery _____ Year _____ Physician _____ Complication? _____
- Other general surgery _____ Year _____ Physician _____ Complication? _____
- _____ Year _____ Physician _____ Complication? _____
- Other hospitalizations _____ Year _____ Physician _____ Complication? _____
- I HAVE NOT HAD any surgeries or hospitalizations

Name:
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FAMILY HISTORY

Have your mother, father, grandparents, brothers or sisters been treated in the past or are they currently receiving treatment for any of the following conditions?

Yes	No		Yes	No		Yes	No		Other
<input type="checkbox"/>	<input type="checkbox"/>	Alzheimer's	<input type="checkbox"/>	<input type="checkbox"/>	Diabetes	<input type="checkbox"/>	<input type="checkbox"/>	Osteoporosis	_____
<input type="checkbox"/>	<input type="checkbox"/>	Arthritis	<input type="checkbox"/>	<input type="checkbox"/>	Gout	<input type="checkbox"/>	<input type="checkbox"/>	Stroke	_____
<input type="checkbox"/>	<input type="checkbox"/>	Cancer	<input type="checkbox"/>	<input type="checkbox"/>	Heart Disease	<input type="checkbox"/>	<input type="checkbox"/>	Sudden Death	_____

SOCIAL HISTORY

Do you smoke or chew tobacco? Yes No Number: _____ packs per day for _____ years
Do you drink alcoholic beverages? Yes No Amount and frequency: _____
Do you use recreational drugs? Yes No Type and frequency: _____

REVIEW OF SYSTEMS Please check the following symptoms you have experienced on a regular basis:

GENERAL

Fever
 Weight change
 Hormonal problems
 Other _____
 NONE

CARDIOVASCULAR

Chest pain
 Palpitations
 Fluid/ Swelling in extremities
 Other _____
 NONE

KIDNEY/ BLADDER

Painful urination
 Frequent urination
 Incontinence
 Other _____
 NONE

EYES

Glasses/ Contacts
 Cataracts
 Glaucoma
 Other _____
 NONE

RESPIRATORY

Shortness of breath
 Sleep apnea
 Wheezing
 Other _____
 NONE

EARS, NOSE, THROAT

Difficulty swallowing
 Ear pain
 Seasonal allergies
 Hard of hearing
 Other _____
 NONE

GASTROINTESTINAL

Heartburn
 Diarrhea/ Constipation
 Abdominal pain
 Nausea/ vomiting
 Other _____
 NONE

SKIN

Rashes
 Lumps
 Other _____
 NONE

HEMATOLOGIC/ LYMPHATIC

Anemia
 Blood problems
 Clotting disorder
 Lymph Problems
 Other _____
 NONE

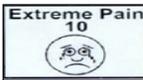
NEUROLOGICAL

Headaches
 Numbness
 Tingling
 Seizures
 Weakness
 Other _____
 NONE

PSYCHOLOGICAL

Anxiety
 Depression
 Mood swings
 Other _____
 NONE

Pain Scale - If you are having pain, please rate the intensity of your pain on a scale of 1 -10.

	1	2	3	4	5	6	7	8	9	
---	---	---	---	---	---	---	---	---	---	---

Patient Name: _____ Date: _____

Patient Signature: _____ Date: _____

Neck Pain Disability Index Questionnaire

Instructions: Please review the following questions and choose the one answer for each section that most accurately describes your current abilities or pain.

Section 1: Pain Intensity

- I have no pain at the moment
- The pain is very mild at the moment
- The pain is moderate at the moment
- The pain is fairly severe at the moment
- The pain is very severe at the moment
- The pain is the worst imaginable at the moment

Section 2: Personal Care (Washing, Dressing, etc.)

- I can look after myself normally without causing extra pain
- I can look after myself normally but it causes extra pain
- It is painful to look after myself and I am slow and careful
- I need some help but can manage most of my personal care
- I need help every day in most aspects of self care
- I do not get dressed, I wash with difficulty and stay in bed

Section 3: Lifting

- I can lift heavy weights without extra pain
- I can lift heavy weights but it gives extra pain
- Pain prevents me lifting heavy weights off the floor, but I can manage if they are conveniently placed, e.g. on a table
- Pain prevents me from lifting heavy weights but I can manage light to medium weights if they are conveniently positioned
- I can only lift very light weights
- I cannot lift or carry anything

Section 4: Reading

- I can read as much as I want to w/ no pain in my neck
- I can read as much as I want to w/ slight pain in my neck
- I can read as much as I want w/ moderate pain in my neck
- I can't read as much as I want because of moderate pain in my neck
- I can hardly read at all because of severe pain in my neck
- I cannot read at all

Section 5: Concentration

- I can concentrate fully when I want to with no difficulty
- I can concentrate fully when I want to with slight difficulty
- I have a fair degree of difficulty in concentrating when I want to
- I have a lot of difficulty in concentrating when I want to
- I have a great deal of difficulty in concentrating when I want to
- I cannot concentrate at all

Section 6: Headaches

- I have no headaches at all
- I have slight headaches, which come infrequently
- I have moderate headaches, which come infrequently
- I have moderate headaches, which come frequently
- I have severe headaches, which come frequently
- I have headaches almost all the time

Section 7: Work

- I can do as much work as I want to
- I can only do my usual work, but no more
- I can do most of my usual work, but no more
- I cannot do my usual work
- I can hardly do any work at all
- I can't do any work at all

Section 8: Driving

- I can drive my car without any neck pain
- I can drive my car as long as I want with slight pain in my neck
- I can drive my car as long as I want with moderate pain in my neck
- I can't drive my car as long as I want because of moderate pain in my neck
- I can hardly drive at all because of severe pain in my neck
- I can't drive my car at all

Section 9: Sleeping

- I have no trouble sleeping
- My sleep is slightly disturbed (less than 1 hr sleepless)
- My sleep is mildly disturbed (1-2 hrs sleepless)
- My sleep is moderately disturbed (2-3 hrs sleepless)
- My sleep is greatly disturbed (3-5 hrs sleepless)
- My sleep is completely disturbed (5-7 hrs sleepless)

Section 10: Recreation

- I am able to engage in all my recreation activities w/ no neck pain at all
- I am able to engage in all my recreation activities, w/ some pain in my neck
- I am able to engage in most, but not all of my usual recreation activities because of pain in my neck
- I am able to engage in a few of my usual recreation activities because of pain in my neck
- I can hardly do any recreation activities because of pain in my neck
- I can't do any recreation activities at all

Patient Name (Print): _____ **Date of Birth:** _____
Signature: _____ **Date of Completion:** _____

Back Oswestry Disability Index

Instructions: Please review the following questions and choose the one answer for each section that most accurately describes your current abilities or pain.

Section 1 –Pain Intensity

- I have no pain at the moment
- The pain is very mild at the moment.
- The pain is moderate at the moment.
- The pain is fairly severe at the moment.
- The pain is very severe at the moment.
- The pain is the worst imaginable at the moment

Section 2 – Personal care(Washing, dressing,etc.)

- I can look after myself normally without causing extra pain.
- I can look after myself normally but it is very painful.
- It is painful to look after myself and I am slow and careful.
- I need some help but manage most of my personal care.
- I need help every day in most aspects of self-care.
- I do not get dressed, wash w/ difficulty & stay in bed.

Section 3 – Lifting

- I can lift heavy weights without extra pain.
- I can lift heavy weights but it gives extra pain.
- Pain prevents me from lifting heavy weights off the floor, but I can manage if they are conveniently positioned, e.g. on a table.
- Pain prevents me from lifting heavy weights but I can manage light to medium weights if they are conveniently positioned.
- I can lift only very light weights.
- I cannot lift or carry anything at all.

Section 4 – Walking

- Pain does not prevent my walking any distance.
- Pain prevents me walking more than one mile.
- Pain prevents me walking more than a quarter of a mile.
- Pain prevents me walking more than 100 yards.
- I can only walk using a stick or crutches.
- I am in bed most of the time and have to crawl to the toilet.

Section 5 – Sitting

- I can sit in any chair as long as I like.
- I can sit in my favorite chair as long as I like.
- Pain prevents me sitting more than 1 hour.
- Pain prevents me from sitting more than half an hour.
- Pain prevents me from sitting more than 10 minutes.
- Pain prevents me from sitting at all.

Section 6- Standing

- I can stand as long as I want without extra pain.
- I can stand as long as I want but it gives me extra pain.
- Pain prevents me from standing for more than 1 hour.
- Pain prevents me from standing for more than half an hour.
- Pain prevents me from standing for more than 10 minutes.
- Pain prevents me from standing at all.

Section 7 – Sleeping

- My sleep is never disturbed by pain.
- My sleep is occasionally disturbed by pain
- Because of pain I have less than 6 hours sleep.
- Because of pain I have less than 4 hours sleep.
- Because of pain I have less than 2 hours sleep.
- Pain prevents me from sleeping at all.

Section 8 – Sex Life

- My sex life is normal and causes no extra pain.
- My sex life is normal but causes some extra pain.
- My sex life is nearly normal but is very painful.
- My sex life is severely restricted by pain.
- My sex life is nearly absent because of pain.
- Pain prevents any sex life at all.

Section 9 – Social Life

- My social life is normal and gives me no extra pain.
- My social life is normal but increases the degree of pain.
- Pain has no significant effect on my social life apart from limiting my more energetic interests, e.g. sport etc.
- Pain has restricted my social life and I do not go out as often.
- Pain has restricted social life to my home.
- I have no social life because of pain.

Section 10 – Traveling

- I can travel anywhere without extra pain.
- I can travel anywhere but it gives me extra pain.
- Pain is bad but I manage journeys over two hours.
- Pain restricts me to journeys of less than one hour.
- Pain restricts me to short necessary journeys under 30 minutes.
- Pain prevents travel except to receive treatment

Patient Name (Print): _____ Date of Birth: _____
Signature: _____ Date of Completion: _____